



# REVIEWS

## PRODUCTS

### THE BREATHWORK EXPLORER™

by PhotoSonix

Price: AUD\$645.00 + delivery; STG£349 in Europe, STG£297 outside Europe (delivery STG£3.50 UK, STG£20 elsewhere; 7 days) Available: **Australia**—Vibrance, PO Box 304, Broadbeach Qld 4218, ph (075) 92 4104, fax (075) 70 2688; **UK**—LifeTools, Sunrise House, Hulley Rd, Macclesfield, SK10 2LP, ph +44 (01625) 50 2602, fax +44 (01625) 61 0238.

What an amazing device! Brain-mind machines have sure come a long way. *The Breathwork Explorer* appears to be a virtual "Rolls-Royce" in its field.

You wear a lightweight headset consisting of goggles, headphones, and a special sensor that is positioned under your nose. A compact computerised control unit monitors each in-breath and out-breath, teaches you ancient breathing techniques and reports on your progress over time.

This machine can be used in any of three modes: (1) Breath Monitoring—pleasant ocean sounds and lights rise and fall on each breath; a tape switches on automatically once you're in a relaxed state; a relaxation score is displayed after each session; (2) Guided Breathing—calibrates your breathing patterns via any of ten breath-pacing programs available; and (3) Light and Sound Programs.

*The Breathwork Explorer* offers pulsed tones or psycho-acoustic 'binaural beats' for any frequency you like. If you can afford it, and if you need some heavy relaxation or learning input, this is the machine for you.

Of course, if you just want to drift off...

## BOOKS

### UFO QUEST:

**In Search of the Mystery Machines**

by Alan Watts

Published by Blandford (1994), London, UK ISBN 0-7137-2449-8 (192pp p/b)

Price: AUD\$19.95; STG£7.99; USD\$n/a

Available: **Australia**—Capricorn Link (Australia) Pty Ltd, ph (02) 899 8322, fax (02) 899 8221; Sydney Esoteric Bookshop, 408 Elizabeth St, Surry Hills, NSW 2010, ph (02) 212 2225, fax (02) 212 2448; **UK**—Cassell PLC, Villiers House, 41-47 Strand, London WC2N 5JE; **USA**—Sterling Publishing Co. Inc., 387 Park Ave South, New York, NY 10016-8810, ph (212) 532 7160.

Long-time British UFO researcher Alan Watts provides a detailed and scientific analysis of a variety of UFO phenomena in this appropriately titled book, which includes first-hand accounts of significant events and sightings from the 1940s to the present

Watts argues that UFOs are real spacecraft, and that while Earth has been visited by extraterrestrials since prehistory, it is only quite recently, with the acquisition of advanced technology, that alien space races have stepped up their interest in us.

The story of how he and fellow researchers came up with a flying saucer propulsion theory in the 1950s by studying the type of craft involved in George Adamski's close encounters is a fascinating insight into those early fact-finding days.

From flying saucers to crop circles, Alan Watts' perspective is one that shouldn't be missed by those keen to expand their knowledge in the ever-broadening field of ufology.

### UNDERGROUND BASES & TUNNELS: What is the Government Trying to Hide?

by Richard Sauder, Ph.D.

Published by Dracon Press (1995),

Abingdon, Virginia, USA

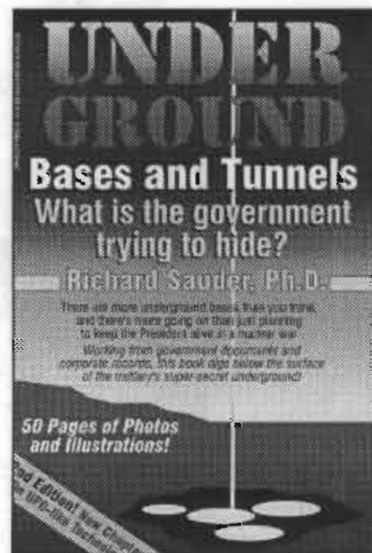
ISBN 0-9644979-0-5 (142pp p/b)

Price: USD\$13.95 + p&h

Available: **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph +1 (815) 253 6390, fax (815) 253 6300.

This investigation into US underground bases and tunnel systems is as thorough and methodical as possible considering the information is gleaned from the (albeit obscure) public record and via painstaking Freedom of Information searches.

There is certainly much circumstantial evidence supporting the notion that the US



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(secret) government has gone 'over the top' with its construction of underground bases and tunnels.

Richard Sauder gives some space to discussion of rumours associated with underground facilities: 'black' experimental flight projects, radiation monitoring, alien abduction scenarios involving military cooperation, mind control, implantable telemetric devices, cattle mutilations and more—but he goes to pains to explain the problem of proof. Interestingly, he includes a press release from the Phillips Laboratory at Kirtland Air Force Base, New Mexico, on a portable medical laser capable of precision-cutting and closing wounds 'in the field'.

What does the US Government have to hide? This important book raises more questions than it answers, but at least now, by knowing what to ask, we may better assert our public right to know.

### UFOs: THE FINAL ANSWER?

Ufology for the 21st Century

Edited by David Barclay & Therese Marie Barclay

Published by Blandford (1993/4), London, United Kingdom

ISBN 0-7137-2362-9 (192pp p/b)

Price: AUD\$16.95, STG£6.99; USD\$/n/a

Available: **Australia**—Quest Books, trade enquiries only (02) 264 7152; Sydney

Esoteric Bookshop, ph (02) 212 2225, fax

(02) 212 2448; **UK**—Cassell PLC, Villiers

House, 41-47 Strand, London WC2N 5JE;

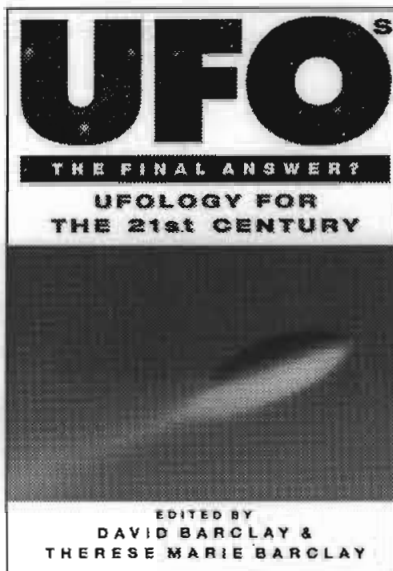
**USA**—Sterling Publishing Co., Inc., 387

Park Avenue South, New York, NY 10016-

8810.

As the editors have suggested, if UFOs did not exist, they would have to be invented. Does the human psyche have some deep-rooted need for UFO-like phenomenal experience? (And is this need being taken advantage of by unscrupulous agencies?) This is the starting point for this collection of writings covering all sides of the UFO debate.

Don't expect photo-documentation in this compendium, but you can look forward to inspiring analysis from a collection of experienced UK-based ufologists. Some astounding historical examples of UFOs are highlighted, as are key findings in psycho-sociology, and real-life case studies of sightings and alien abductions. Questions of illusion vs reality are dealt with in the chapter cleverly titled "Science v. Saucery".



While *UFOs: The Final Answer?* does not pretend to come to a definitive conclusion, co-editor/contributor David Barclay believes "the solution to the UFO mystery would solve more than just the mystery itself." Indeed, he maintains we're on the verge of a cosmic paradigm shift brought about in part from our collective realisation that Earth and humankind are not the centre of the universe.

### WATER MEDICINE

by Harald W. Tietze

Published by Harald W. Tietze (1995),

Bermagui South, NSW, Australia

ISBN 0-646-23563-X (98pp p/b)

Price: AUD\$9.80 inc. p&h; AUD\$3.00

airmail to NZ; AUD\$5.00 airmail elsewhere

Available: **Australia**—Harald W. Tietze,

PO Box 34, Bermagui South, NSW 2546;

ph +61 (064) 93 4552, fax +61 (064) 93

4900; Sydney Esoteric Bookshop, +61 (02)

212 2225, fax +61 (02) 212 2448.

This book is a fascinating compendium of water treatments—the oldest medicine in the world. In fact, I had never realised there were so many such detailed treatments in existence.

For example, did you know that in parts of Russia they use 'living' or 'dead' water as a treatment for ailments such as haemorrhoids, hair loss, dermatitis, cold sores, acne, and so on?

Also covered is Kombucha (see article this issue), mineral waters, spas and saunas, urine therapy (yes that's right—you drink your own urine, every morning!), filtered water, baths, douching—really, virtually everything you can think of.

Harald Tietze also explores the link between underground water and human health. Good stuff!



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### THE ORION MYSTERY: Unlocking the Secrets of the Pyramids

by Robert Bauval and Adrian Gilbert

Published by William Heinemann Ltd/Mandarin Paperbacks (1994), London, UK

ISBN 0-7493-1744-2 (350pp p/b)

Price: AUD\$14.00; STG£5.99; USD\$13.95

Available: **Australia**—Sydney Esoteric Bookshop, 408 Elizabeth St, Surry Hills, NSW 2010, ph +61 (02) 212 2225, fax (02) 212 2448; **UK, USA**—selected bookshops.

From the early 1980s, long-time Egyptology researchers Robert Bauval and Adrian Gilbert have been exploring evidence to link Egypt's Great Pyramid and other Giza plateau pyramids with stellar astronomy and, thus, stellar- rather than solar-linked gods and religious belief systems.

While it was first suggested in 1964 that the Great Pyramid's shafts aligned with the Orion star system (celestial home of the god Osiris) and the celestial pole, scientific measurement of the angles was only accomplished in 1993 with the help of Eng. Rudolf Gantenbrink's remote-controlled robot, UPUAUT 2, which explored the shaft leading from the Queen's Chamber—only to come to a halt at a tiny doorway some 65 metres from the end of the shaft. (See NEXUS vol.2#18).

As luck would have it, Bauval and Gilbert had been conducting a photographic survey only days before Gantenbrink's robot was despatched, so were able to have their theory and mathematics verified on the spot.

With the authors' combined expertise in engineering and esotericism, *The Orion*

*Mystery* is compelling reading for those with minds open enough to consider that the Great Pyramid is much older than traditional Egyptologists would have us believe, and that it was never intended, nor used, as a burial site for the Pharaoh Khufu (Cheops), but as a tool for communicating with the stars and the gods.

### THE ULTIMATE EXPLANATION

by Robert Norfolk

Published by Ranwaters Ltd (1994), Gt Yarmouth, Norfolk, UK

ISBN 0-9523508-0-7 (184pp h/b)

Price: STG£15.00 + p&h

Available: **UK**—Ranwaters Ltd, 9 Owen Rd, Harfreys, Great Yarmouth, Norfolk NR31 0NA, ph/fax +44 (01493) 44 3484.

What a remarkably likeable book! I appreciate a book that outlines the overview up

front. So many books spend the whole volume detailing the substantiation of the overview, only to present it at the end.

This is the first of four books, all of which disclose a theory "designed to unify all of creation and all phenomena within it".

After twelve years' formulation, Robert Norfolk presents a new theory on life, the Universe, and the Mind of a Creator. It is qualitative and highly philosophical with very little maths. Among other things, it endorses the existence of an aether, dispenses with time as a dimension, describes a new fourth dimension, and disqualifies space as being empty.

### DEAD HAPPY

by Lance Trendall

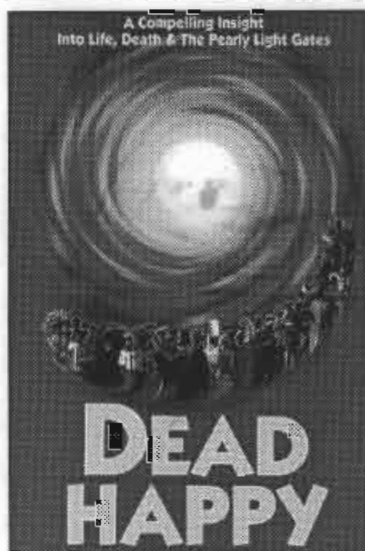
Published by Lance Trendall Publishing (1992, 1994 Rev. p/b ed.), Harpenden, UK ISBN 0-9520472-2-5 (193pp p/b)

Price: AUD\$26.50 inc. p&h; STG£10.00 surface or STG£12.25 airmail; USD\$17.60 inc. p&h

Available: **UK**—Lance Trendall Publishing, PO Box 69, Harpenden, Herts AL5 2LY, ph +44 (01582) 46 1581, fax +44 (01582) 76 6488.

This is a very approachable book on an all-too-often taboo subject. *Dead Happy* suggests that death should be regarded more as a matter for celebration, like a birth into a new dimension, rather than as a time for fear, guilt and sadness. Moreover, this advice applies equally for the recently departed and the grieving as it does for everyone.

English author Lance Trendall is a qualified integral therapist, marriage counsellor, hypnotherapist and healer whose quest to understand fundamental questions about life, death and beyond began at eight years of age



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with his father's death.

His book, the result of over 20 years' research and practice in psychic/spiritual healing realms, is the sort of reference Trendall wishes he'd had access to at the time, to bridge the gap between the traditional teachings of spiritualism and the modern evidence from the 'other side'.

How better that we all be prepared for our own and others' deaths by knowing what really happens when we die, why ghosts exist (and how to help them move on), what the 'pearly gates' really are, and even how to cope with the sheer fact of 'waking up dead'.

Lance Trendall has amassed some moving examples covering these and more aspects of death and dying—including dealing with death from suicide, drug/alcohol addiction, abortion. He provides practical guidelines for living better in this world and making a smooth transition to the next.

### MASQUERADE OF ANGELS

by **Karla Turner, Ph.D., with Ted Rice**  
Published by Kelt Works (1994), Roland, Arkansas, USA

ISBN 0-9640899-1-2 (257pp p/b)

Price: USD\$16.95

Available: USA—Kelt Works, PO Box 32, Roland, Arkansas 72135.

A thought-provoking book dealing with encounters with aliens here on planet Earth. No, these aliens were not like those in our cartoons, but were very human in appearance.

A couple of times while reading these quite amazing experiences, I got the impression that the 'aliens' knew the writer. Could it be

true that many of we humans are actually 'aliens' who have decided to inhabit human bodies from birth onwards, and experience 'life' as a human on planet Earth?

So, if you were an alien, and one of your friends or relatives decided to try out a 'lifetime' on this planet, wouldn't you want to visit? And what would you say to him/her if you weren't recognised?

Back to the review. Admittedly, I didn't get to finish this book, but I can tell you this: if you're trying to piece together how aliens fit into the big picture, read this book!

### HEART LIGHT: Rescue at Sea by Diviana

Published by Random House NZ Ltd

(1995), Auckland, New Zealand

ISBN 1-86941-256-7 (196pp p/b)

Price: AUD\$14.95; NZD\$24.95

Available: **Australia**—Sydney Esoteric Bookshop, (02) 212 2225, fax (02) 212

2448, from July '95; **New Zealand**—Random House NZ Ltd, +64 (09) 444 7197, +64 (09) 444 7524; most bookshops.

The true story of *Heart Light* is immediately gripping and heart-rending, with undeniable physical and emotional impact (the spine tingles, goose bumps and watery eyes).

Diviana Wheeler tells of how she, her husband Daryl, their son Shane and his wife Shali survived a raging four-day phenomenon of a storm in the South Pacific, 540 miles north-east of New Zealand.

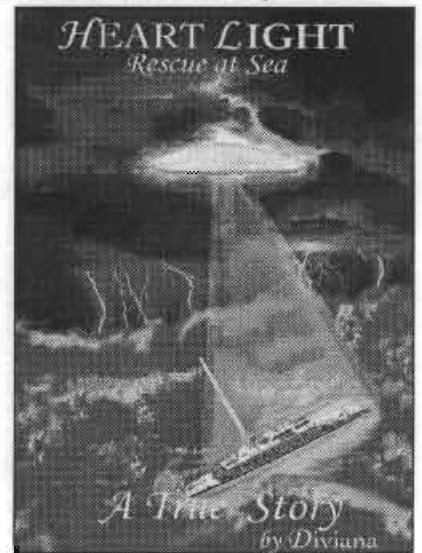
Having embarked on their voyage in their 42-foot catamaran, the *Heart Light*, on 30th May 1994 with ideal sailing conditions forecast for the coming days, on 3rd June at 4.00 am the four seafarers suddenly found themselves in a force-twelve storm of supernatural proportions. It came from nowhere and

without warning, staying at "a mindless level of ferocity for over 36 hours".

Battling wind gusts over 90 knots, massive seas averaging 50 feet with several 100-foot-high monsters, Diviana's story is an enlightening tribute to the power of love and courage in overcoming overwhelming odds.

At least 30 boats and more than 100 lives were at risk in this vast storm vortex. Many survivors told of strange, terrifying phenomena experienced while the elements raged—foreign-sounding voices speaking in high-pitched tones all around them, holographic apparitions, meteor-like objects flashing past, and a mysterious green, white and orange brightly-shining object hovering above, illuminating the entire sky and tractor-beaming onto the catamaran.

US-born Diviana migrated to New Zealand in 1990, and for the last 14 years has been an





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educator in areas of brain/mind function and higher consciousness. She writes of being forewarned of this event—"that a tear in the fabric of third-dimensional reality would create a war in the heavens, and hell on the high seas"—yet chose to go to sea anyway.

Diviana's extraordinary story is full of shocks and surprises, and the storm phenomenon begs further research from the perspective of interdimensional physics and Bruce Cathie's grid mathematics. Look out for the film documentary, *Rescue South Pacific*, due for international release this year.

### HEALTH—THE ONLY IMMUNITY The Alternative to Vaccination

by Ian Sinclair

Published by Ian Sinclair (1995), Ryde, NSW, Australia

ISBN 0-646-22643-6 (44pp p/b)

Price: AUD\$10.00 inc. p&h in Aust; overseas orders add AUD\$2.50 p&h; 40% discount on 5 or more copies

Available: **Australia**—Ian Sinclair, 5 Ivy St, Ryde, NSW 2112, ph (015) 294 817, (065) 84 3961.

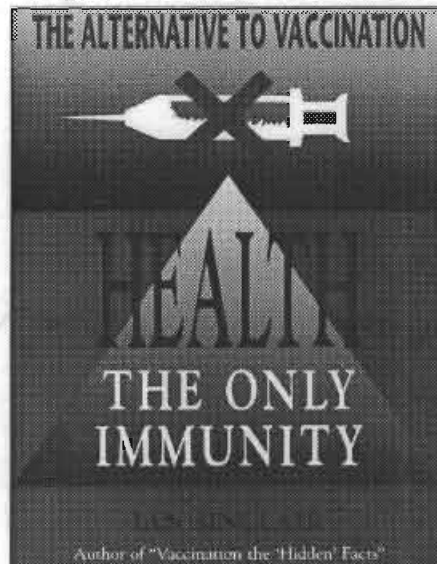
In this timely, fact-packed booklet, author Ian Sinclair presents a synthesis of fundamentals which the layman needs to know to achieve total health without drugs—and certainly without vaccines.

While on a speaking tour through the Australian eastern states during late-1993 to late-1994, Ian Sinclair came to realise that many members of even the vaccine-awareness groups commonly asked: "Well, if vaccines don't work, what's the alternative?" This uncertainty and confusion prompted

him to write this book of simple principles.

With ten years' personal practical experience backing up his naturopathic college training, Ian Sinclair demonstrates that there is only one type of immunity against disease—and that is health. He goes a step further by showing how and why disease cannot develop in a healthy body, and puts special emphasis on children's health.

To embrace these principles means there is no room nor need to resort to vaccines and drugs to prevent disease. Armed with these workable guidelines and Ian's answers to some commonly-asked questions on natural health and vaccination (as well as the motives behind it), one can proceed boldly and confidently, knowing that good health is the best defence—and possibly the best revenge! Read this on a need-to-know basis.



### THE ATLANTIS RESEARCHES

by Paul Dunbavin

Published by Third Millennium Publishing (1995), Long Eaton, Nottingham, UK  
ISBN 0-9525029-0-9 (297pp s/b)

Price: STG£17.50; USD\$/n/a

Available: **UK**—Scriptmate Editions, 20 Shepherds Hill, London, N6 5AH; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph +1 (815) 253 6390, fax+1 (815) 253 6300.

This is a scholarly, comprehensive investigation into the myths and evidence surrounding the Atlantis mystery. It begins with the great Greek philosopher Plato's own story of the lost continent's demise—a story handed down more from the Egyptian than Greek tradition and which few believed even in Plato's time.

Author Paul Dunbavin takes us on a search for the lost Atlantis where Plato left off. He includes other evidence from classical writers, and covers scientific evidence for recent comet impacts, dramatic polar shifts, as well as sea level and climate changes throughout Earth's recent history—particularly about 5,000 years ago.

Dunbavin also puts forward the circumstantial evidence for Atlantis and a Great Flood or Deluge, based on remnants of various ancient cultural traditions including the Sumerian, Egyptian, Chinese, Mayan and Celtic.

These remnants may consist of legends or artefacts such as ancient calendars or standing stone arrangements.

*The Atlantis Researches* is a modern classic text on a subject which today, far from being a lost cause, is undergoing a rise in popular interest.

Plato would be pleased.

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### THERE IS ALWAYS AN ALTERNATIVE

by Dr Peter Baratosy, MB, BS

Published by Scheibner Publications (1995), Blackheath, NSW, Australia  
ISBN 0-646-222211-2 (110pp p/b)  
Price: AUD\$15.00 inc. p&h in Aust;  
AUD\$20.00 inc. overseas airmail  
Available: **Australia**—Scheibner Publications, 178 Govetts Leap Road, Blackheath, NSW 2785, ph +61 (047) 87 8203, fax (047) 87 8988.

What a great book! Dr Peter Baratosy is one of the growing number of former 'mainstream' doctors who have embraced non-toxic alternative treatments.

His exposure to Chinese medicine, while based in Malaysia with the RAAF, plus his observations as a GP that patients' conditions often improved when taken off medication, led him to expand his knowledge of health and disease.

Chapter subjects include Acupuncture, Homeopathy, Hypnotherapy, Megascorbic Therapy (massive vitamin C), Oxygen Therapy, Rife, Children, Menopause, and a special section on Vaccinations.

Dr Baratosy's advice is both practical and understandable. Recommended reading.

### WHAT REALLY CAUSED THE DINOSAURS' DEMISE?

**A Question of Increasing Gravity—  
The Ultimate Answer!**

by John West

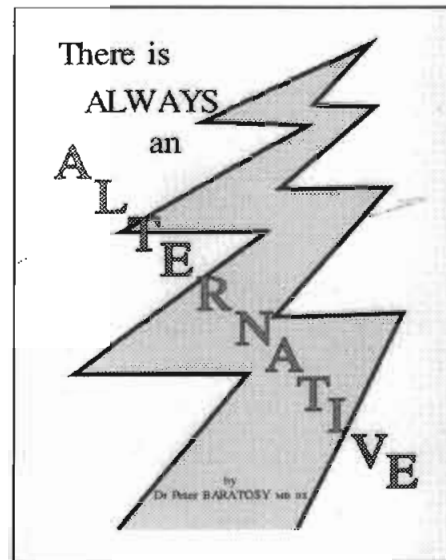
Published by PBS Publications/Veritas Press (1995), Bundaberg, Qld, Australia  
ISBN 0-9588131-9-1 (151pp s/b)  
Price: AUD\$24.95 inc. p&h in Aust;  
AUD\$29.95 airmail NZ; AUD\$34.95 airmail elsewhere; STG£13.50  
Available: **Australia**—Veritas Press, GPO Box 1653, Bundaberg, Qld 4670, fax +61 (071) 52 9256; **UK**—Whale Books, Kentchurch, Hereford HR2 0DB, ph (01981) 24 0125.

Whew! This is a far more diverse book than even the title suggests. The author's proposal basically embraces polar shifts, concomitantly coupled with increasing gravity accelerations and magnetic field changes.

This book abounds with interesting chunks of information. For example, not many people realise that 15 years after Einstein published his special theory of relativity, he retracted several of his views, and admitted that his thoughts on the aetherless space concept should be critically revised.

Chapter subjects include Gravity and Dinosaurs, Tachyon Energy, Evolution,

Jupiter and Geller Effects, Cloudbusting (Rainmaking), Corruption in Politics and Science, NASA Cover-ups, UFOs, and Banking. Very interesting reading!



### LOOM OF THE FUTURE:

**The Weather Engineering Work of  
Trevor James Constable**

An interview conducted by Thomas J. Brown

Published by Borderland Sciences Research Foundation (1994), Garberville and Bayside, California, USA  
ISBN 0-945685-19-X (148pp s/b)  
Price: £STG17.95; USD\$18.95 + p&h  
Available: **UK**—Bellevue Books, Unit E4, Sunbury Int. Bus. Centre, Brooklands Way, Sunbury, Middlesex, ph (0932) 76 5119; **USA**—Adventures Unlimited, PO Box 74, Kempton, IL 60946, ph +1 (815) 253 6390, fax (815) 253 6300.

This is a brilliant introduction to Trevor James Constable's pioneering concepts and discoveries in etheric weather engineering. Following on from Dr Wilhelm Reich's orgone energy research, Constable has dedicated his life to unlocking universal secrets.

Constable realised that the etheric life force is an extremely powerful physical force that permeates everything, yet so subtle that we barely notice it. He recognised that the aether permeates and influences the atmosphere but also, because of its elasticity, it can be manipulated. Over the last 40 years, Constable has been demonstrating this phenomenon by applying simple geometric apparatus, according to specific orientations, for weather engineering purposes.

The photographic and radar map evidence



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describing the effects of his biogeometric instruments is dramatic, proving that his technology certainly does work. As to why it's not been made accessible to the public, e.g., in the form of the helicopter-mounted drought-buster, Constable makes some incisive comments. He claims that the aether has become less elastic in the 1990s, hinting at other agencies having overstretched it—as part of a secret planetary agenda?

## THE HISTORY OF THE KNIGHTS TEMPLARS, THE TEMPLE CHURCH AND THE TEMPLE

by Charles G. Addison

Published by Black Books (1995, first published 1842), United Kingdom  
ISBN n/a (395pp p/b)

Price: STG£20.00 + p&h; USD\$40.00 + p&h (phone for quote)

Available: **UK**—Millennium Books, 9 Chesham Rd, Brighton, Sussex BN2 1NB, ph/fax +44 (01273) 67 1967; **USA**—Flatland Books, PO Box 2420, Fort Bragg, CA 95437, ph +1 (707) 964 8326.

The Knights Templar may have had an official existence of only a few hundred years, but their roots can be traced well back beyond their foundation during the Crusades (approx. 1118 AD), and their influence has continued through to modern times.

Far from being eradicated by Church edicts in France and Britain around 1311, the Temple Church lives on. Indeed, many prominent British politicians today could be regarded as card-carrying Templars.

Charles G. Addison's classic *History of The*

*Knights Templars* was first published in 1842, and this edition is the first in more than 100 years. Addison was a Templar and had access to the Templars' own records, so his account is a valuable document which sheds much light on the Templars and their true place in history—at least until the 19th century.

The effects of the Templars' architectural symbology, rituals and disciplinary codes of practice, their integrated Christian and Eastern esotericism, their establishment of the law societies, have filtered right through the centuries and are still being felt, recognised and reassessed today. Addison's *History* is a rare book that can be understood on several levels, for those with eyes to see...

## VIDEOS

### THE SOUND OF TRUTH

with Hugo Symens

Price: AUD\$30.00 (+\$10.00 o/s airmail)

Available: **Australia**—Health Revolution, PO Box 3104, Victoria Point, Qld 4165, ph +61 (07) 397 1716.

This is a video recording of a seminar conducted by Hugo Symens in Brisbane, Australia, in November 1994.

*The Sound of Truth* details Hugo's technique for greatly improving the body's health. Particular attention is given to the elimination of harmful bacteria and toxins from the body. Hugo Symens is already well-known in Queensland for his successful use of Green Clay, a powerful detoxifying substance which can be applied externally and taken orally. The success stories we hear indicate that Hugo's methods work. This is a highly recommended video both for people who desire better health and for those who wish to maintain good health.

### TRIBULATION—The Coming Earth Changes

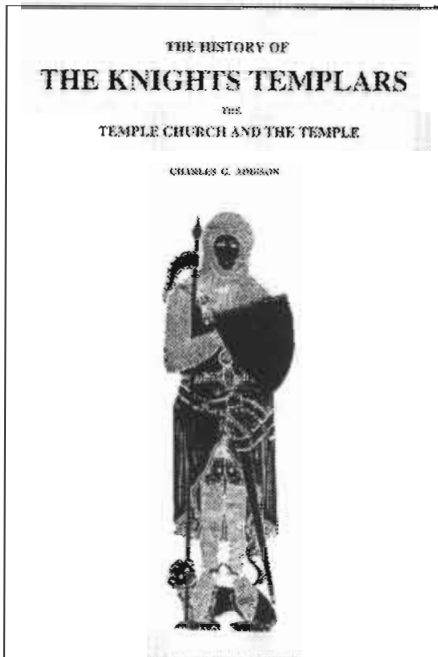
with Gordon-Michael Scallion

Produced by Matrix Institute, Inc. (1993),  
Chesterfield, NH, USA

Price: USD\$29.50 + p&h (1hr NTSC VHS,  
not available in PAL VHS)

Available: **USA**—Matrix Institute, Inc.  
(1993), PO Box 336, Chesterfield, NH  
03443-0336; ph +1 (603) 363 4916, toll  
free 1-80-628 7493, fax +1 (603) 363 4169.

By now, most NEXUS readers have heard



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## VIDEOS

## AUDIO

of Gordon-Michael Scallion. For those who came in late, Mr Scallion is famous for his highly accurate predictions of Earth changes over the last decade.

This video first comes across like a documentary, recounting the incidents when Scallion started receiving his 'pictures' of events to come, and his subsequent years of learning.

Be aware, though: the predictions detailed on *Tribulations* are largely events due to affect America. One can deduce, however, that if the events he predicts come to pass, half the world, including down-under, will be feeling the effects.

There is also a theme running through these predictions—a hint that if we 'get our act together' we can offset some of the impending damage.

All up, this is a top video about Gordon-Michael Scallion, his work and his results.

### FLOWFORMS AND LIVING WATER with Dan Winter

Produced by Dan Winter & Friends/Crystal Hill Farm (1994), USA  
Price: AUD\$30.00 inc. p&h; airmail p&h add AUD\$5.00 to NZ; AUD\$17.00 to UK/Europe (PAL/VHS); USD\$17.00 + p&h (NTSC/VHS)

Available: **Australia**—Cliff Pound, PO Box 202, Bangalow, NSW 2479; **USA**—Crystal Hill Farm, 9411 Sandrock Rd, Eden, NY 14057, ph (716) 992 9307, fax (716) 992 3025.

Dan Winter videos are always pretty amazing. This one is for those wanting to know about the secrets of water.

It is an exploration of the way water naturally wants to flow.

The subtitle tells all: "The archetype of cascade translates the vorticity of disorder into order in water."

Did you know that the braided spin in the waters changes surface tension, seed germination, and the segregation of solids by mass?

Imagine water treatment facilities which utilise flowforms to aerate and molecularly spin up the water.

Dan's beautiful flowform imagery effectively shows us the principle of 'healing of the waters'.

Also featured on this video is a 'tour' of European and American examples of flowforms. Inspirational!

### THE CELESTINE PROPHECY

by James Redfield

Produced by Corgi Audio for Time Warner AudioBooks (1994), New York, USA  
ISBN 0-552-14343-X (3hrs)

Price: AUD\$19.95 (2-cassette set)

Available: **Australia**—Transworld Publishers, 40 Yeo St, Neutral Bay NSW 2089, ph +61 (02) 908 4366, fax (02) 953 8563; **UK**—Transworld Publishers Ltd, 61-63 Uxbridge Rd, London W5 5SA; **USA**—Time Warner AudioBooks, New York.

I must be the last person in Australia (or perhaps the Western world) to hear/read this book! I have to confess to not 'reading' *The Celestine Prophecy* until this audiocassette set came along. Now I've heard it, I can understand why it's the top-selling book on the planet at present.

This is a 'must hear' audio-book: a spiritual lesson in unfolding your personal potential on the planet to break free from the third dimensional limits that bind...a dramatic tale of intrigue, military crackdowns, stomach-turning chases, and the extraordinary manuscript found in a Peruvian jungle temple that is changing all who read it....the concept of synchronicity handed out clearly for all to understand...the clarification of intuition and where it's taking us in the world today that's pushing us into a new future...

This audio-book is a great way to learn the nine insights. Don't be the last on your block to tune in!

### FREEDOM CRIES

by Shawn Gallaway

Produced by Initiation Records (1995), Nashville, TN, USA

Price: USD\$10.00 (cass.), USD\$16.00 (CD) + USD\$3.00 o/s p&h (55mins)

Available: **USA**—Initiation Records, PO Box 15872, Nashville, TN 37215, ph +1 (615) 790 9260, fax (615) 790 9604; and selected music stores.

*Freedom Cries* is an album fired by the energies of the men's movement in the USA.

Shawn Gallaway has put together a musical journey of discoveries surrounding his time spent in exploring the role of men in modern Western society.

The lost father, the broken home, the difficulties men have with expressing love and emotion, the power of men working together with the goal of saving the Earth and its creatures, rather than destroying—it's all here on this album.

I found a few tracks a bit slow, but many rang with the raw energy of masculine power working cooperatively.

A worthwhile album.





# REVIEWS

## AUDIO

### IVORY WINGS

Composed, performed and produced by Zach Davids for Ivory Moon Recordings (1994), Wellesley, MA, USA  
Price: USD\$16.00 (CD), USD\$10.00 (cass) (55mins)

Available: **USA**—Distributed by Ivory Moon Recordings, 22 Rutgers Rd, Wellesley, MA 02181, ph +1 (617) 237 6686, fax (617) 235 6789; and selected music stores.

A pianist described as a young genius, Zach Davids was just 18 years old when he put these compositions to disc, and wrote most of the material before he turned 17.

*Ivory Wings* contains most of Davids' own pieces as well as several improvisations on classical themes. He pushes the energy of this recording with much personal power. The effect is extremely engaging, putting the music right up front on your system. The sound is very stimulating, yet very beautiful and inspiring.

Zach Davids obviously has a long career ahead of him. Highly recommended album.

### TO CATCH A FLYING STAR

#### (UFO Experiences)

Produced by Jamie Leonarder and Matthew Leonard (1995) for ABC Radio National ISBN 0-642-17659-0 (1hr)

Price: AUD\$16.95 (cassette only)  
Available: **Australia**—Allen & Unwin, PO Box 8500, St Leonards NSW 2065, ph +61 (02) 901 4088, fax (02) 906 2218; and ABC Shops.

Here is a very thorough history of some of the major UFO cases in Australia's long history of UFO encounters. It carries original recordings of the voices of everyday people who have had one or more of these extraordinary experiences. Included in the stories is that of Kelly Cahill, part of whose experiences were published in *NEXUS* vol.2#24.

UFO researchers, pilots and scientists add to the convincing evidence of unusual craft that have appeared in our southern skies.

Valuable research material for the dedicated and also for those with just a general interest. Good to hear the ABC tackling stories like this seriously. Recommended.

### WAKULPA

#### Composed by Luke O'Neill

Produced by On Music Productions (1994), for Peacock Buffalo Records, Sydney, NSW, Australia

Price: AUD\$28.95 (CD) (44mins)  
Available: **Australia**—On Music, PO Box 1691, Collingwood, Vic 3066, ph +61 (03) 853 9440; and selected music stores.

The story behind this piece goes back to the time Luke O'Neill spent in central Australia at Wakulpa, a small outstation near Yuendumu working with local musicians. He recorded, then paused, reworked and added until the *Wakulpa* album was born. He has the help of Glenn Mortimer on percussion and Amelia Barden on oboe.

*Wakulpa* won the ABC Radio National Fringe Award for best performance in 1994. It's a quiet, peaceful and driftingly stirring composition that has an entrancing and calming effect in any environment where it's played. Very highly recommended for an evening around the fire or to relax with amongst good friends.

Congratulations to Luke O'Neill for a top Australian composition.

### THE LYREBIRDS OF TIDBINBILLA

Recorded by Ederic Slater  
Produced by Larrikin Entertainment (1994), Mascot, NSW, Australia  
Price: AUD\$27.95 + o/s p/h (CD) (47mins)  
Available: **Australia**—Distributed by Larrikin Records, PO Box 501, Mascot, NSW 2020, ph +61 (02) 700 9199, fax (02) 700 9155; and selected music stores.

If the sounds of Australian native birds fascinate you, this recording is a must. It was put together by ornithological recordist Ederic Slater who lives near Canberra.

The Superb Lyrebird (*Menura novae-hollandiae*) has been known since early settlement in Australia as an amazing imitator of sound. Some 50 species of bird-calls are in its repertoire. Included amongst this collection is the sound of the lyrebird's own territorial call, often confused for the sound of chainsaws, musical instruments or axes on timber.

If you've not heard this bird in the wild, its range will amaze you.

### TIBETAN MONASTERY

Produced by New World Productions (1994), Red Hill, Qld, Australia  
Price: AUD\$18.95 (cass.), AUD\$28.95 (CD) + o/s p&h (60mins)  
Available: **Australia**—Distributed by New World Productions, PO Box 244, Red Hill, Qld 4059, ph +61 (07) 367 0788, fax (07) 367 2441; and selected music stores.

This album is part of New World's "Relax with Nature" series featuring recordings of environmental sounds, landscapes, animals and places.

*Tibetan Monastery* is in fact recorded in a monastery, replete with the sounds of monks, gongs, horns and the Tibetan shakuhachi flute. Indeed, it is a recreation of a monastery's inner sanctum.

For capturing the essence of the sounds of devotion in the Tibetan tradition, this album is essential—and extremely conducive for establishing some peace in your life.